

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	1) BBQ RIBS OR FRENCH DIP BEEF SANDWICH	2) SWEDISH MEATBALLS OR SCALLOPED TURKEY WITH MUSHROOMS	3) GARLIC HERBED PORK LOIN OR CALIFORNIA COBB SALAD	4) COUNTRY FRIED STEAK OR CHICKEN & DUMPLINGS	5) SPAGHETTI & MEATBALLS OR MONTE CRISTO SANDWICH	6) BAKED PORK CHOP OR FRIED CATFISH	
	7) GRILLED HAM OR SLOPPY JOE	8) HAMBURGER STEAK OR ASIAN SALAD WITH GRILLED CHICKEN	9) SALMON PATTY OR HAWAIIAN MEATBALLS	10) SLICED ROAST TURKEY OR LASAGNA	11) BAKED CAESAR CHICKEN BREAST OR BEEF CUBE STEAK	12) BRAISED PORK ROAST OR STRAWBERRY SPINACH SALAD	
	14) MEATLOAF OR THYME BAKED CHICKEN	15) STUFFED BELL PEPPER OR TURKEY POT PIE	16) PORK CHOP OR BAKED FISH/ GARLIC BUTTER	17) POT ROAST OR BEEF TACO SALAD	18) FRIED CHICKEN OR BEEF PATTY/ MUSHROOM & ONIONS	19) FRIED SHRIMP OR DIJON PORK CUTLET	20) BAKED HAM OR STUFFED TOMATO / CRAB SALAD
	21) LEMON BAKED CHICKEN OR BEEF PEPPER STEAK	22) COUNTRY FRIED STEAK OR CHICKEN SALAD COLD PLATE	23) BBQ RIBS OR OVEN FRIED FISH	24) HONEY GLAZED PORK LOIN OR BAKED CHICKEN	25) ROAST BEEF OR TEX MEX CHICKEN CHOPPED SALAD	26) OPEN FACED ROAST TURKEY SANDWICH OR BEEF STROGANOFF OVER NOODLES	27) PARMESAN CRUSTED TILAPIA OR CLASSIC PATTY MELT
	28) GRILLED PORK CHOP OR PARMESAN LEMON BAKED FISH	29) ROAST TURKEY OR SALISBURY STEAK	30) FRIED SHRIMP OR ORANGE GLAZED CHICKEN BREAST				